



Chronicle

USING TECHNOLOGY TO BRING BOD

On February 4, 2011, the BOD will use technology to bring the meeting closer to therapists home. Sites in each district have been identified to allow people to meet via teleconference. Currently the Board meets four times a year at sites around the state, necessitating travel and expense for the Board members and others wanting to participate. The Board also believes that this limits participation from the therapists they represent

and who's input is extremely valuable. All are invited to attend so they can see their Board in action and participate in their state society. The meeting will start at 10 a.m. and adjourn at 2 p.m. Each site has a coordinator to contact should you be planning to attend. See below for the sites and other information. A big thanks to Shawna Strickland for setting up the technology.

January, 2011

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February 4, 2011,
Board of Director
Meeting

BOD MEETING TELECONFERENCE

District Number: 1

Site Coordinator: Dana Evans
Coordinator cell phone: 573-268-4809 pager: 314-510-2138
Site Name: St. Johns Mercy Medical Center
Site Location: Respiratory Care Department-RT classroom
Special parking directions: Park in the Conway Garage or Conway Parking lot (at front of hospital). Refer to map (link below).

http://www.stjohnsmercy.org/sjmcc/directions/SJMMC_Visitor_Guide.pdf

Enter the hospital via the main/children's hospital entrance. Take the blue elevators to the Lower Level. Make a left when you exit the elevators and then an immediate right (down the ramp). At the bottom of the ramp turn right. The RT department will be on the right side of the hallway.
Site Address: 615 S. New Ballas Rd St. Louis

District 2

Site coordinator: Brent Kenney
Coordinator Cell Phone: 417-848-9394
Site Name: Mercy St. John's Hospital, Springfield Missouri
Site Location: 1E Classroom (ER North Entrance, go south 1E classroom is on the right before the elevators)

(Cont page 2)

MISSOURI RANK IN ANTI-SMOKING EFFORTS

According to the St. Louis Beacon (11.18.10), Missouri's smoking rate is one of the highest in the nation, yet ranks third from the bottom in the amount spent on helping smokers quit and preventing new smokers, particularly children from starting. Missouri also has the lowest tobacco tax in the U.S. (\$.17 a pack). According to a research study funded by the American Heart Association, the American Cancer Society, the Cancer Action network, the American Lung Association and the Robert Wood Johnson Foundation funds for anti-smoking programs have been declining while revenues from the 1998 state tobacco settlement and state tobacco taxes have been increasing. Missouri is reported to spend \$60,000 annually on tobacco prevention and stop smoking programs. This is much less than recommended by the CDC. The adult

smoking rate in Missouri is reported to be 23.1 percent (the 5th highest in the nation) with 18.9 percent of students in high school reporting smoking.

There are some positive movements in the anti-smoking effort in the state. In November, Fulton and Jefferson City voters passed a smoking ban in the city. These bans on smoking are not without controversy. A well-known local lawyer, respiratory therapist, Anthony DeWitt, got involved on the anti-smoking side by writing the local newspapers. (A copy of his letter is on page 6)

In January, the Missouri House rejected a ban on smoking in member's offices. However, smoking is not allowed in the House chamber or public galleries. Additionally, in January, the

Cape Girardeau, MO is seeking to put a measure up for a vote on April 5, 2011.

Joplin, MO Council dropped the issue from an upcoming ballot in December, 2010. The organization Smoke-Free Joplin will decide in the future where to initiate a petition drive.

As therapists we see daily the affects of smoking and know the habit is hard to break for many. Consider getting involved in your local community to stop this public health issue.

A resource for related news is Tobacco.org:

<http://www.tobacco.org/articles/state/MO/>

CONT. P.1 BOD MEETING SITE INFORMATION

Parking: North parking lot, intersection of Sunshine and National streets.

Address: 1235 East Cherokee Springfield, Missouri 65804

District Number: 3

Site Coordinator: Shawna Strickland
Coordinator cell phone: 660-537-9149

Site Name: Lewis Hall-University of Missouri

Site Location: Lewis Hall 5th floor room 513

Special parking directions: Park in the Newman Center parking lot (WG-16) and get special pass from Shawna (RSVP for pass). Enter building on the east side. Elevators to your right when you walk through the foyer.

Site Address: 701 S. 5th Street, Columbia, MO

District Number: 4

Site Coordinator: Mary Lou Guy

Coordinator cell phone: 816 853 2020

Site Name: University of Missouri
Kansas City School of Health Sciences

Site Location: School of Pharmacy
room 2300

Special parking directions: metered parking across Charlotte St from the building. Directions and parking map at this link:

<http://pharmacy.umkc.edu/about/directions/>

Site Address: 2464 Charlotte St. Kansas City, MO 64108

District Number: 5

Site Coordinator: Lisa Newcomer

Coordinator cell phone: 573-450-5790

Site name: Saint Francis Medical Center, Cape Girardeau, Mo.

Site location (in the facility): Health and Wellness conference room 1

Special parking directions: Park at the west end of the campus. Please park in the Health and Wellness parking lot. Use Fitness Plus entrance. Conference room will be to your right immediately upon entering the building.

Site address: 211 St. Francis Dr.

Cape Girardeau, Mo. 63703

PROFESSIONAL EDUCATION GRANT

Goals

To further the educational opportunities for the working respiratory care practitioner. Scholarship awards may be used for any educational program offered to the RCP, including:

- Accredited CRCE
- Educational seminars
- Advanced degrees (RRT, BS, MS, PhD)
- Advanced credentialing (NPS, CPFT, RPFT, RPSGT, AE-C)

Eligibility

In order to be eligible for participation in the poster competition, the applicant must be:

- A practicing, credentialed respiratory care practitioner licensed in the state of Missouri
- In good standing at the applicant's place of employment
- An active member of MSRC/AARC

Submissions

MSRC welcomes original abstracts related to the science and technology of respiratory care. Abstracts should be an evaluation of a method, device or protocol, an original study or a case study. Abstracts will be de-identified and valued on merit. The winning submission will also require presentation of the abstract in poster format at the Annual MSRC Conference (held in late April/early May).

Abstract Specifications

Abstracts should fall into one of the categories listed below and must meet the criteria listed.

Evaluation of a method, device or protocol:

- Background: Identification of the method, device or protocol and its intended function.
- Method: Description of evaluation in sufficient detail to permit judgment of its objectives and validity
- Results: Findings of the evaluation
- Conclusions; Interpretation of the evaluation and experience. Cost comparisons should be included where possible and appropriate.

Original study:

- Background: Must include a statement of problem in our clinical knowledge, a research question, or hypothesis that addresses this problem, and a rationale supporting the hypothesis or question.
- Method: Description of the research subjects studied, the research design and conduct in sufficient detail to permit judgment of validity. Must include a statement of the statistical tests used to analyze any data.
- Results: Statement of research findings with quantitative data and statistical analysis.
- Conclusion; Interpretation of the results

Case study (must report a case that is uncommon or of exceptional educational value):

- Introduction: Relevant basic information important to the understanding of the case.

- Case summary: Patient data and response, details of interventions.

- Discussion: Content should reflect the results of the literature review. The author (s) should have been actively involved in the case, and a managing physician must be a co-author or approve the report.

Abstract Submission Guidelines

The first line of the abstract should be the title in all capital letters; the title should explain content and contain no abbreviations. The abstract should be single spaced and in one paragraph. Total word count may not exceed 325 words (not including title or authors). Abstracts may contain one figure or table.

Awards

Once the applicant submits an abstract to the committee, it becomes property of the MSRC and can be revised/reprinted in the official publications of the Society.

The scholarship carries a maximum award of \$1,000.00. One scholarship will be awarded each year. The award will be paid to the educational institution or credentialing agency of the recipient's choice, not to the individual.

The recipient of the award is required to submit the abstract to the Open Forum at the AARC International Congress or Summer Forum. If the abstract is accepted, (cont page 8)



Grant Money Available

*Brenda Barger-Saunders
Award Winner*

*Las Vegas 2010 AARC
Sputum Bowl*



Brenda Barger-Saunders was presented the Lambda Beta Scholarship award on December 8, 2011 in Las Vegas. Brenda is a second year student with MSSU's Respiratory Care program.

Pictured with Brenda is Kim Hill, President of the Lambda Beta Society. Story on page 5



The Missouri Society Professional Sputum Bowl Team represented our state at the AARC National Convention in November, 2010.

The team consists of Sherry Whitman, Sonny Glover, Charity Ezell, and Chaine Bell.

The professional team made it to the 5th round and the Student team (not shown) were one of the top 6 teams.

Pictures submitted by Janice Dunaway, MS, RRT, RCP—Instructor, Respiratory Care Program MSSU.

MSSU Student Wins Pearson Prize for Higher Education

JOPLIN, MO (SNS) - Brenda K. Barger-Saunders of Joplin is one of the recipients of The Pearson Prize For Higher Education. Barger-Saunders, a Respiratory Therapy major at Missouri Southern State University, is one of only 70 students selected from over 10,000 applicants for the award.

As a Pearson Prize Community Fellow, Barger-Saunders will receive a \$5,000 grant, which will be distributed through the Missouri Southern Financial Office. She also will receive an additional grant of \$5,000 next January if all contingencies and requirements of her program are met.

"This is a major award," says Dr. Tia Strait, Dean of the School of Technology at MSSU. "Brenda is one of only a small number of people across the nation named as Pearson Prize Community Fellow. The Pearson Awards Committee recognizes that most college awards programs and scholarships focus on recent high school graduates. However, many of the most dynamic students don't discover their direction until after their freshman year in a college or university. In a world of accelerating college expenses, a portion of these students may be the least likely to get additional support -- despite their dedication to service and to the university community.

"The Pearson Prize is a true blessing for me and my family," Barger-Saunders says. "I am very honored to be chosen for this honor."

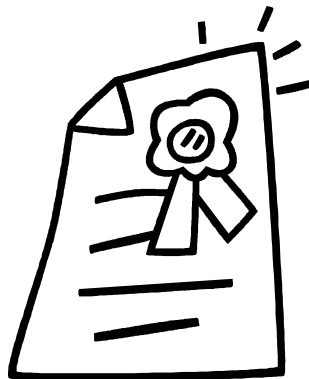
Barger-Saunders graduated with a Bachelor's degree in Psychology from the University of Arkansas in the 1980s. For the next 24 years she worked in pharmaceutical sales. In January 2009, she was laid off. When seeking employment, she found the only jobs open in her current field were entry level. "I decided to start over," she explains. "I wanted a job in which I could truly make a difference and help people live long and healthy lives."

Barger-Saunders is the president of the Peers Against Second Hand Smoke (PASS) at MSSU. PASS is part of Campus-Community Alliances for Smoke-Free Environments which has locations in several universities in Missouri. She also is a member of the Smoke-Free Joplin Committee and the Clean Air Project.

The Pearson Prize supports students who have completed at least one year of college, demonstrated leadership in community service and have attended a two-or four-year school. By addressing the needs of emerging leaders at this point in a college career, the Pearson Prize for Higher Education fills a gap in the student investment scheme of other non-profits, state organizations, and philanthropic organizations.

The Pearson Foundation is the nonprofit arm of Pearson, an international media organization which employees over 37,000 people in more than 60 countries.

[-WWW.MSSU.EDU-](http://www.mssu.edu)



Cont from page 2. Anti Smoking



Dear Editor:

The issue of indoor smoking bans in public places often raises a hue and cry from smokers. It's important to remember that smokers suffer from an addiction to tobacco. That addiction is no less powerful simply because tobacco is legal. If anything, the addiction is worse. Because the government does not ban the production and sale, people believe they have a right to smoke anywhere they want, irrespective of whether nonsmokers are likely to be impacted.

When the issue is raised it is always couched as someone "taking away smoker's rights." But smokers have rights no greater than any other member of the public, and their rights end where my nose begins. Smoking is prohibited on buses, trains, and aircraft in the United States. No one can get on an aircraft and smoke. Similarly, smokers cannot light up in theaters, and they all seem to make it through a good movie without having to run outside and light up. Some smokers have adapted by chewing nicotine gum. Surely if they can make it through a two hour flight or a two hour movie they can manage to avoid smoking while eating out for an hour.

Indoor smoking bans don't keep smokers from smoking at home, in their car, or on their own property. Instead, they keep the air clean in public accommodations like restaurants, hotels, and malls. If smokers wish to kill themselves by breathing in poison laced with an addictive substance, they are still free to do that. I want to be free not to smell the stench of their addiction.

Anthony L. DeWitt

Bartimus, Frickleton, Robertson & Gorny, PC

Jefferson City Office

Mr. DeWitt has given permission to the editor to print his letter.
This is sincerely appreciated.

Board of Director Meetings for 2011

February 4th, 2011 Meeting via teleconference—
locations available in each MSRC District –pg 1
story

May 3, 2011, Meeting in conjunction with the
MSRC Annual meeting in Osage Beach, MO

August 5th, 2011 Meeting via teleconference

November 9, 2011 Meeting in conjunction with
MSRC Fall Symposium in Springfield, MO

Seminars Scheduled for 2011

February 25, 2011, District IV Annual Symposium,
Kansas City, MO

May 4-6, 2011, Annual MSRC Meeting Tan-Tar-A, MO

July 18-20, 2011, AARC Summer Forum, Vail, CO

September 29 and 30, 2011 District III Conference,
Columbia, MO

Nov 5-8, AARC Congress, Tampa, FL

December 1-2, 2011, 7th Annual Fall Specialty Conf,
Springfield, MO

DISTRICT UPDATES

In District II, we had 3 MSSU students who attended the Joplin City Council meeting in support of an ordinance for 100% comprehensive smoke free environments for all workplaces, restaurants, and bars in the Joplin city limits. There were Wendy Cope, Katie Bronson, and Kia Kenney. All three students are members of the MSSU Respiratory Care Club and PASS (Peers Against second Hand Smoke). In addition Wendy Cope personally addressed the City Council in support of the ordinance. Her speech addressed the concerns of a mother and as a respiratory student who lives, works and uses the services in the Joplin Metro area.

MSRC District III held the annual conference on September 23 and 24, 2010 at the Holiday Inn Select in Columbia. Approximately 125 respiratory therapists and respiratory therapy students gathered for the event. The 2011 MSRC District III Conference will be held at the Holiday Inn Select in Columbia on September 29 and 30, 2011. The program committee will begin meeting after the state conference to plan the 2011 District III meeting. Contact any of the District III officers if you'd like to participate in the conference planning. The District III officer elections will be held in the spring of 2011 and the new officers will be announced at the 2011 MSRC Annual Conference.

District IV continues to meet every other month (Jan, Mar, May, July, Sept, Nov) at Chappel's Restaurant 323 Armour, North Kansas City, MO at 7 p.m. on the 4th Tuesday of the month. Each month therapists attending receive updates on AARC and MSRC activities along with a CEU program. The district's next big event is February 25, 2011 at Saint Luke's Northland Hospital. The district's annual seminar will be held. 6 CEUs will be awarded to those in attendance. Lunch is provided with registration to those who register before February 21, 2011. The fees for attendance: AARC members \$55, Non-members \$100 and Students \$40. The seminar is titled "ICU Care of the Respiratory Patient. For information, contact Mary Lou Guy at mguy@saint-lukes.org or 816 880



MSSU PASS members at the Joplin City Council Meeting

THE MoSRC PACT Team Wants YOU!

The MoSRC Legislative Committee is once again making a visit to our legislators to build support for our Respiratory Therapy Initiative. We need YOUR help! We will be on the Hill Tue, March 8th. We will start contacting their offices to ask for appointments the week of Jan 25th. Please contact your legislators to ask them to meet with us on your behalf. You may not be able to be there in person, but we are representing you and your voice as a constituent is VERY important to them. It is easy to do. Just go to <http://capwiz.com/aarc/home/> or to www.aarc.org and follow the links for government affairs.

Thank you for your support of your profession and the patients we serve!

Ronda Bradley MS, RRT

Co-Chair

Legislative Committee



STATE BYLAWS TO BE UPDATED

Bylaws update. February 25 and 26, a committee is meeting in Cape G. to work on updating the MSRC bylaws. If you'd like to be involved, contact Rose Shafer.

CONTINUED FROM PAGE 3: PROFESSIONAL EDUCATION GRANT

conference/travel fees will be paid by the MSRC (up to \$2000).

Registration fees for the MSRC annual meeting are waived for scholarship recipients. Scholarship recipients will be presented at the MSRC annual meeting. If the winners are unable to attend, their awards will be sent to them in May.

Applications are accepted year round up to April 1.

Submission Checklist:

- Submit a letter of recommendation from your employer stating that you are in good standing by April 1.
- Submit an electronic copy of your abstract following the abstract preparation guidelines set by the AARC by April 1.
- Submit a separate electronic page with your name, address, telephone number, email address, and AARC number by April 1.

All submissions should be in Word document format and sent to the scholarship committee chairperson:

Dana Evans, MHA, RRT-NPS, AE-C

DanaEvansRRT@gmail.com

Visit MSRC Website for More Informa-

tion!

<http://www.mosrc.com>

Drive4COPD

The Drive 4 COPD is a national public health campaign that started in 2010 and will continue into 2011 across the nation. Those screened that choose to do so were entered into a drawing for the Ultimate NASCAR weekend for Two. The contest ended December 1, 2010. The AARC welcomed the challenge set by the sponsors who believed that respiratory therapists will be the key to reaching those who have not received a diagnosis of COPD as of yet. The project hopes to reach 500,000 people across the nation. Boehringer Ingelheim is a major sponsor of the program.

Across Missouri, a number of volunteers have provided screens. The following is a partial list of cities in which screens took place: Columbia, Rolla, Kansas City, Saint Louis.

MSRC Night with the Blues—To thank MSRC members, discounted tickets were available for the December 11, 2010 Saint Louis Blues vs the Carolina Hurricanes. Each ticket include a free hot dog and soda. All who attended had a great time.

MSRC BOARD SEEKS STUDENT LIAISON

The MSRC recognizes the importance of our student members. They represent the future of our profession and are vital to our goals as a society. In order to better represent our student constituency, the MSRC will appoint two Student Liaisons to the BOD. The Student Liaison is a non-voting member of the board. They will attend five board meetings and participate in discussions that affect all MO RCPs while helping shape the goals for the coming years. For more information, contact Dana Evans, MHA, RRT-NPS, AE-C, DanaEvansRRT@gmail.com

Many thanks to all who contributed to this newsletter. *mlguy, editor*

NOMINATIONS

I The MSRC Board of Directors is accepting nominations for the following office positions:

MSRC Vice President Elect

MSRC Treasurer

MSRC Delegate (Junior)

MSRC Director at Large

District 1, District 3 and District 5

President

Vice President

Secretary

District Representative

Only active and life AARC members in good standing shall be eligible for nomination. Each nominee must maintain active AARC membership throughout the duration of their elected term. For information regarding duties and responsibilities associated with each office, please refer to the MSRC bylaws specifically Articles IV, V, VII, and IX.

http://www.mosrc.com/msrc_bylaws.htm

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Nominees will be contacted for an official acceptance prior to being placed on the ballot. Please submit a contact number or email for all individuals nominated.

All nominees will be required to submit a brief biographical sketch to the Election Committee Chair. Elections will be held by online voting. Please contact Terri Dobey if you have any questions. Thank you!

dobeyt@heath.missouri.edu



MSRC PUBLICATION CHAIR RECEIVES AWARD

In October, 2010, I was honored to receive the 2010 National Respiratory Achievement Awards, First Place Best Manager given by Advance Newsmagazines. It was rewarding and a bit of fun to be recognized. I want to take this opportunity to thank all who've taken the time to congratulate me on this award. I also want to recognize the individuals who play a huge role in obtaining this award. That's the Respiratory Therapy staff of Saint Luke's Northland Hospital. Their support is essential in being able to be a leader.

I want to challenge each of you to take time to recognize a co-worker each day and occasionally recognize your manager for something well done. Everyone struggles through the daily grind and often feel they receive little appreciation. Practice rewarding someone and give them a little bit of fun through recognition of a good job.

We're on the Web:

<http://www.mosrc.com>



*For Questions about the MSRC
Chronicle, contact:*

MSRC Publication Chair

*Mary Lou Guy, MBA, RRT, CHT
mguy@saint-lukes.org*

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